

Please translate according to the language skills of the students!

GYROKINESIS® Methodology

A Questionnaire For Your Educational Process

Persons contemplating taking the **GYROKINESIS®** Level I Courses should be aware that this is an educational process that includes both intellectual and physical aspects that they will be expected to execute and master. In its entirety, the course certifies competence both in one's knowledge as a practitioner and as a teacher, skills that are not necessarily synonymous. These unique and extremely rewarding courses involve a considerable investment of time, money and effort. In recognition of this fact, the following questionnaire is designed to aid prospective course participants in determining if these courses will be of benefit to them and those they intend to teach. Please provide complete and candid answers to the following:

- 1) Is it your goal to become a **GYROKINESIS®** Trainer?
If the answer to this question is no, you may skip this questionnaire.
You are welcome to participate in the training process for your own enrichment.
However, you should clearly understand that to do so, you will not be certified as an instructor, and you will not be licensed to teach.
- 2) What brought you to the **GYROKINESIS®** methodology, and how much experiences have you had with it?
- 3) Are you already teaching in another methodology?
- 4) Why do you want to become a **GYROKINESIS®** Trainer? What do you expect to benefit from the process?
- 5) What does being a teacher mean to you?
- 6) What qualities should a teacher have?
- 7) Do you think you have the potential to develop these qualities?
- 8) How do you see **GYROKINESIS®** fitting in and contributing to your current or future life?
- 9) What are your goals as a **GYROKINESIS®** Trainer?
- 10) Have you read the curriculum and do you understand it? Do you have any questions about it? Click here for an overview of the **GYROKINESIS® Curriculum**
<http://www.gyrotonic.com/education.aspx?fid=41528&id=5598>